



Compost Recipe

This is one of my favorite recipes

Ben Rulay

Ingredients

Air	Water
Heat	Brown Materials (high in Carbon)
Manure	Green Materials (high in Nitrogen)
Decomposers**	Soil or Finished Compost
Cooking Container	(minimum 3' wide x 3' deep x 3' high)
	(maximum 5' wide x 5' deep x any length)

Take your container and add 8-10 inches of brown materials. Add water until mixture is damp to the touch, but not saturated. Next spread several inches of green materials. Again add water until damp to the touch. Next apply 1 inch of soil or completed compost. Add water as before. Repeat this process until you are out of material or your container is full. Cook your compost at *90–140° F or approx. 6 months to 2 years. Baking times will vary depending on materials used, container size and other factors. Mix your compost once or twice a month. Your completed compost can be used as a soil amendment in vegetable and flower gardens adding to potting soil or as a mulch.

See other side

The suggested combination of brown and green materials is 30:1 ratio (Carbon:Nitrogen)

Nitrogen Sources

Food Scraps	15:1
Grass clippings	18:1
Coffee grounds	20:1
Horse manure	25:1

Carbon Sources

Dried leaves	60:1
Pine needles	90:1
Newspaper	125:1
Sawdust	625:1

*This temp will be achieved naturally if ingredients are mixed correctly.

**Decomposers are present in the soil or finished compost.